



iowa total care™



## EPSDT

*Early Periodic Screening, Diagnosis, and Treatment*

---

6/10/2020

# What is EPSDT?



- **Early:** Assessing and identifying problems early
- **Periodic:** Checking children's health at periodic, age-appropriate intervals
- **Screening:** Providing physical, mental, developmental, dental, hearing, vision, and other screening tests to detect potential problems
- **Diagnostic:** Performing diagnostic tests to follow up when a risk is identified
- **Treatment:** Control, correct, or reduce health problems found.

# What is EPSDT?



- Early

- Children should receive quality healthcare beginning at birth and continuing throughout childhood and adolescence. The goal of regular healthcare is to identify, diagnose, and treat medical conditions as **early** as possible.



# What is EPSDT?



- Periodic
  - Infants, children, and adolescents should receive well child visits at **regular intervals** throughout childhood and adolescence. Health care may also be provided between regularly scheduled visits.

Iowa Department of Human Services

 <b>PERIODICITY SCHEDULE</b>		Infancy		Early Childhood				Mid. Childhood				Adolescence																			
		New born	2-5 days	by 1 mo	2 mo	4 mo	9 mo	12 mo	15 mo	18 mo	24 mo	30 mo	3 yr	4 yr	5 yr	6 yr	7 yr	8 yr	9 yr	10 yr	11 yr	12 yr	13 yr	14 yr	15 yr	16 yr	17 yr	18 yr	19 yr	20 yr	21 yr
<b>History</b> Initial/Interval		●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	
<b>Physical Exam</b> Well Visit		●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	
<b>Measurements</b>	Length/Height and Weight	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	
	Weight for Length	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	
	Body Mass Index	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	
	Head Circumference	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	
<b>Sensory Screening</b>	Blood Pressure	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	
	Vision	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	
<b>Oral Health</b>	Hearing	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	
	Screening and Risk Assessment	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	
<b>Developmental and Behavioral Health</b>	Fluoride Varnish Applications	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	
	Caregiver Depression Screening	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	
	Developmental Surveillance	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	
	Developmental Screening						●				●																				
	Autism Screening							●			●																				
	Psychosocial/Behavioral Assessment	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●
<b>Anticipatory Guidance</b>	Tobacco, Alcohol and Drug Use Assessment																				○	○	○	○	○	○	○	○	○	○	
	Depression Screening																					○	○	○	○	○	○	○	○	○	○
<b>Nutrition/Obesity Prevention</b> Assess/Educate		●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	
<b>Procedures</b>	Newborn Screening - blood, bilirubin, hearing, critical congenital heart disease	●	←	→																											
	Immunization	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	
	Hemoglobin/Anemia				○				○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	
	Lead Testing																														
	Lipid Screening																					○	○	○	○	○	○	○	○	○	
	STI Screening																					○	○	○	○	○	○	○	○	○	○
	HIV Screening																					○	○	○	○	○	○	○	○	○	○
	Tuberculosis			○		○		○		○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○
	Cervical Dysplasia Screening																					○	○	○	○	○	○	○	○	○	○

**KEY:** ● To be performed    ○ Assess risk    ←→ Screen at least once during time period indicated

# What is EPSDT?



- Screening

- Children should be **screened** for health as well as developmental and behavioral concerns. These comprehensive services should include health history, developmental and behavioral assessment, physical exam, immunizations, lab tests, nutrition/obesity prevention, oral health exam, health education, and vision and hearing screenings





# What is EPSDT?

- Diagnosis
  - Children should receive **further evaluation** of health, developmental or social-emotional problems identified during well-child visits that may require treatment.



# What is EPSDT?



- Treatment
  - Children should receive treatment for health, developmental, or social-emotional problems identified during well-child visits.



# What is EPSDT?



- In Iowa, the EPSDT program is *Care for Kids*.
- The purpose is to promote physical, mental, social, emotional, and behavioral health of children from birth to age 21.
- The EPSDT program require that Medicaid pay for any medically necessary diagnostic and treatment services for problems detected as part of a well-child exam.
- All Iowa children who are enrolled in Medicaid are automatically enrolled in EPSDT Care for Kids.
  - All EPSDT services are free to children enrolled in Medicaid.
- Hawki children are not eligible for the EPSDT program.



# Why have EPSDT?

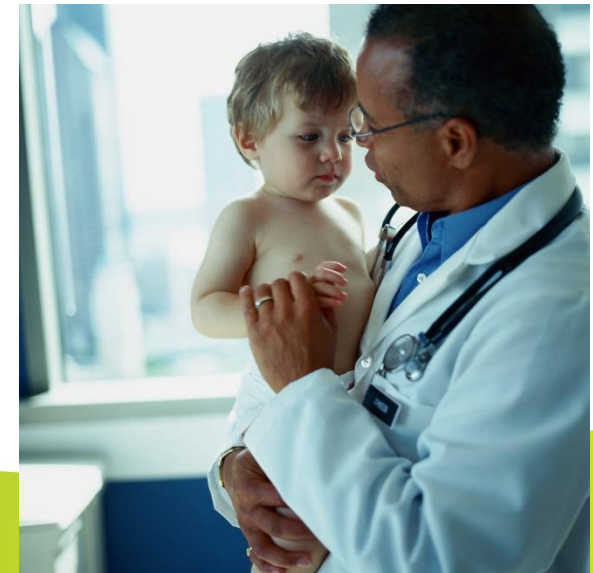


- **Children covered by Medicaid are more likely to be born with:**
  - Low birth weight
  - Poor health
  - Developmental delays or learning disorders
  - Chronic medical conditions requiring long term use of prescription medications
  
- **Regular EPSDT screenings provide an ideal opportunity to:**
  - Identify concerns through comprehensive assessment of the child and family
  - Find and treat health problems before they become more serious
  - Develop a care plan that is responsive to the family's strengths, needs and choices

# What services are covered?



- **Comprehensive history and assessment of physical and mental health, development, and nutrition.**
  - Unclothed/undressed and draped physical exam
    - Must be clearly stated or charted indicating unclothed evaluation
      - Example: Tanner scores, skin integrity, evaluation of scoliosis, etc.
  - Age-appropriate laboratory tests
    - Lead level at 12 and 24 months via capillary or venous blood [CPT Code 83655]
    - Other tests per [Periodicity Schedule](#)
  - Health Education and Anticipatory Guidance
    - See [Care for Kids](#) site for additional guidance



# What services are covered?



- **Hearing assessment**
  - Newborn screening required by Iowa law
- **Pediatric vision screening**
  - Children in Kindergarten and 3<sup>rd</sup> grade required by Iowa law



# What services are covered?



- **Oral Health Assessment requires**

- Oral screening at each visit beginning at 6 months of age
- Referral to a dental home for routine examination by 12 months of age
  - Iowa Medicaid reimburses application of fluoride varnish by Primary Care or Dental Office [CPT Code 99188]

- **Anticipatory guidance**

- Providers offer health information to parents before significant physical and psychological milestones.
  - Helps parents anticipate impending changes and take action to maximize their child's developmental potential and identify unique needs



# Iowa Child Health and Development Record (CHDR)



- Child Health and Development Record (CHDR) forms are designed to be used as part of a specific health maintenance visit from birth through age 19.
- Provide guidelines for social, social-emotional, and behavioral concerns in children from birth through age 3 with links to screening tools and other resources for initial and follow-up screening.



# Additional Resources



- For additional resources:
  - <https://dhs.iowa.gov/ime/members/medicaid-a-to-z/care-for-kids-epsdt>
  - <http://www.iowaepsdt.org/>
  - <https://www.medicaid.gov/medicaid/benefits/early-and-periodic-screening-diagnostic-and-treatment/index.html>